

# INVESTMENT OPPORTUNITY



The Anglican Relief and Development Fund®



## ETHIOPIA: WAR SURVIVORS EXPERIENCE HEALING AND RESTORATION

Four organizations come together to bring healing and hope to the traumatized Tigrayan people



Displaced people at Elala camp for internally displaced people in Tigray wait to receive relief support from The Anglican Diocese of the Horn of Africa. ARDF provided funding for this relief effort in August 2021.

### PROJECT OVERVIEW

**CONTEXT:** In November 2020, the Ethiopian government took military action against the Tigray region's ruling party, the Tigray People's Liberation Front. Hospitals, schools, factories, and businesses were destroyed by Ethiopian federal forces and regional militias. More than two million people were forced to flee their homes. Some 2.3 million people were left in need of assistance. Some estimates state at least 600,000 lives were lost. The conflict left Tigray in ruins and many people's lives shattered. Following the two-year war, many Tigrayans are still struggling to meet their basic needs and access medical care. The region has a severe lack of professional psychological care to address the people's needs.

**NEED:** The people's normal patterns of living have been replaced by poverty, uncertainty, and even more violence. The emotional and spiritual wounds of their hearts have created a continual cycle of trauma, especially among women and children. The kinds of wounds they have suffered – war, sexual violence, death, and displacement – changed people's psychological outlook. They need to find healing through the words of hope and forgiveness found in the Bible.

**SOLUTION:** HEAL Tigray is a partnership between four organizations that will work with local community healthcare providers and churches to bring trauma healing to the Tigray region. They are Ethiopian Anglican Church Social Development Organization, HAQI (Humanity, Agility, Quality, Integrity), Applied Culture Group, and Clear Impact Production. With funds from Anglican Relief and Development Fund the groups will bring critical, cultural, and contextualized trauma-based training and care to help people in Tigray who still suffer the effects of war.

### LIFE IMPACT

Benefits 9,075 people, some in multiple ways:

- 25 master trainer corps are equipped to care for 8,500 people
- 100 psychiatric nurses are trained in trauma care
- 450 community service providers lead outreach sessions in their communities and churches
- 8,500 people affected by war will benefit from this project in multiple ways

### PROJECT PROFILE

ID: ARDF-0823-Horn of Africa

Lead Ministry

**THE ANGLICAN DIOCESE OF THE HORN OF AFRICA**



LIVES IMPACTED 9,075

SECTOR COMMUNITY DEVELOPMENT

AMOUNT REQUESTED \$148,172

ARDF COST PER BENEFICIARY \$16.32

TIMELINE 18 MONTHS

### IN THEIR OWN WORDS

*"Prior to the support in Elala internally displaced people camp, I was weeping and thinking about my two children and husband killed brutally in front of me and my son. After the material and psychological support rendered to us in the camp in Mekelle, I started to think about the possibility of life again but not in Temben because if I go back there I will always weep and cannot work nor sleep."*

– Letay Tesfay Hailu, Temben in the Tigray Region of Ethiopia



## PROJECT DESIGN

HEAL Tigray is a partnership between four organizations that will work together to introduce and institutionalize trauma-informed care in the healthcare, community and education systems in Tigray. The partners will work with key stakeholders to offer faith-based trauma healing programs to trauma survivors, helping them recover physically, emotionally, and spiritually. HEAL Tigray program will use as resources both the Bible and an adaptation of the Mental Health Gap Action Program community toolkit. It will use a train-the-trainer model, providing robust trauma awareness and transformation, experiential education, and training intervention that is designed and culturally adapted for post-war Tigray.

Recognizing the importance of instilling hope to millions of people in Tigray, the Anglican Relief and Development Fund will provide funds to train a strong pool of trainers for a trauma healing program that will promote healing and cultivate a spirit of forgiveness and reconciliation. The materials used will reaffirm that it is the knowledge of God, his character, and relationship to his people that is the foundation of healing. The training will leverage evidence-based curriculum and training techniques to begin the transformation process rooted in the Bible. This cross-sectional approach will bring clergy, teachers, and medical professions together in teams of trainers who then will train other trainers.

The organizations will conduct a five-day trauma healing workshop that practices ways to re-integrate, break cycles of violence, and help others. Some 25 trusted and respected leaders in Tigray will be trained as master trainer corps in trauma response. They will then train 100 psychiatric nurses as trainers and 450 community service providers who will offer counseling sessions in their communities. The trainers and community service providers will be selected from among health education workers, teachers, and religious leaders from 25 highly affected districts of Tigray. A total of 8,500 people affected by war will benefit from this project in multiple ways. The initiative investment will equip master trainers who, in turn, will train others in the community. It is based on a participatory, community-led model that co-creates trauma training materials that are both culturally adaptive and responsive to diverse, real-time needs in Tigray. Once funding ends, this low- to no-cost material will be integrated by local trainers and volunteers into hospital settings, schools, churches, displaced people camps, and in the community.

**Measuring impact.** The director of the Ethiopian Anglican Church Social Development will oversee implementation of this project and will work alongside other partners. Train-the-trainer participants will receive a pre- and post-diagnostic surveys that assess knowledge related to trauma content. After one month, trainers will receive an online survey to assess their confidence in what they learned and their ability to start small groups. Further, trainers will have access to monthly peer support via online and in-person sessions to monitor training benchmarks and their wellbeing. Applied Culture Group will develop and implement the diagnostic and post-training surveys. Heal Tigray’s two lead organizations, Ethiopian Anglican Social Development Project and HAQI, will conduct monthly peer support sessions for community trainers, with assistance from Applied Culture Group and Clear Impact Production, as needed. Additionally, a series of community-based listening sessions will be held to gauge success at the beneficiary level from medical staff, teachers, community members and congregations. Lessons learned will be used to improve an expand the HEAL Tigray initiative.

### PROJECT BUDGET

ITEM	ARDF FUNDS
Training master trainer corps in trauma response <sup>1</sup>	\$34,105
Staffing <sup>2</sup>	\$23,940
Training for 450 community service providers <sup>3</sup>	\$21,560
Field visits <sup>4</sup>	\$19,347
Training for 100 psychiatric nurses <sup>5</sup>	\$10,110
Program exchange and annual review	\$6,000
Develop two programs for trauma education	\$4,840
Pre-implementation activities	\$1,330
Project administration, monitoring, evaluation <sup>6</sup>	\$26,940
<b>TOTAL</b>	<b>\$148,172</b>

### SOURCES OF FUNDS

### NOTES

- <sup>1</sup> includes cost of training for 25 master trainer corps who train 100 psychiatric nurses and 450 community service providers; accommodations; food; conference rooms; and development of training material
- <sup>2</sup> includes activities conducted by program staff from four organizations; covers salaries for project manager, health oversight director, and finance and administration officer
- <sup>3</sup> includes training expenses for 450 community service providers who will act as frontline trainers reaching out to people in the community
- <sup>4</sup> covers staff travel and accommodation costs, field project visits to beneficiary homes, and evaluation for the four partners
- <sup>5</sup> includes the cost of training 100 psychiatric nurses working in hospitals across Tigray as trainers and team leaders
- <sup>6</sup> ARDF contracts project research, monitoring and evaluation with The Grid and provides administration and communication to ensure full project funding



## IMPLEMENTER FINANCIALS\*

This project adheres to some or all of this sector's established best practices

INCOME	2020	%	2021	%	2022	%
General donations	50,629	31	55,151	32	165,979	45
Good Shepherd Church			54,422	32	165,840	44
Other Income	115,308	69	60,265	36	42,486	11
<b>TOTAL</b>	<b>165,937</b>	<b>100</b>	<b>169,838</b>	<b>100</b>	<b>374,305</b>	<b>100</b>
EXPENDITURES	2020	%	2021	%	2022	%
Activities, ministry, and scholarships	166,316	70	105,776	59	227,795	68
Personnel	58,148	24	52,457	30	92,749	28
Administrative and depreciation	13,502	6	18,987	11	14,784	4
<b>TOTAL</b>	<b>237,966</b>	<b>100</b>	<b>177,220</b>	<b>100</b>	<b>335,328</b>	<b>100</b>
<b>SURPLUS / (DEFICIT)</b>	<b>(72,029)</b>		<b>(7,382)</b>		<b>38,978</b>	

### NOTES:

\*Income and expenditures reported in U.S. dollars

**INCOME:** Total income for years 2020 and 2021 were consistent in total. Although no funds from Good Shepherd Church were received in 2020 but a similar amount was received from the Nehemiah project. A 220% increase in general donations and a 230% increase in Good Shepherd donations from 2021 to 2022 increased total income by 140% from 2021 to 2022.

**EXPENSES:** Program expenses dropped 20% from 2020 to 2021 but increased 130% from 2021 to 2022. The 130% increase in program expense is in line with the 140% increase in total income. Administrative expense stayed relatively consistent in dollar amount over all three years analyzed, which means their fixed costs are pretty stable regardless of the additional project funds used in a current year. Personnel expense increased 92% from 2021 to 2022. This is reasonable taking into account the increase in program expenses, which are heavily personnel driven.

## RISK ANALYSIS



Low: 1, Low/Medium: 2, Medium: 3, Medium/High: 4, High: 5 

### CONCEPT: 1

This program draws on key leaders, including those from local government, churches, and healthcare providers. Their combined expertise will help ensure the needs of the beneficiaries are met. Moreover, it will use workshop methodology that provides a safe forum for people to share their trauma stories in a small group setting. The workshops strengthen an individual's capacity to identify, understand and process their emotions and help people make the connection between emotions and moving forward. The structure of the workshops provides the framework and skills to rebuild key relationships with family members and the broader community.

### PROGRAM DESIGN & EXPERIENCE: 2

This project combines the strengths of four organizations, churches, and other faith-based organizations to provide a practical response to suffering people. It focuses on vulnerable victims of war who need hope and a new beginning. Ethiopian Anglican Church Social Development Organization and HAQI will collaborate to select 25 master trainers who will be the backbone for the project.

### LEADERSHIP: 1

Both the Rev. Dr. Gidey Seyoum Halibo and Dr. Fasika Amdeslasie Gebrekirkos feel called to serve the people of Tigray with the Good News. They are men of integrity and have the skills and experience needed to manage complex projects like this one.

### FINANCIAL CONTROL: 3

Ethiopian Anglican Church Social Development

Organization and HAQI have stable management and secure financial transfer methods. They lack independent governance, as they are all members of the Anglican Church. Financial statements are not externally audited.

### SUSTAINABILITY: 2

The master trainers will also adapt material to train the community service trainers. The reason we predict that this project will be sustainable and successful hinges on the versatility and common acceptance of the book being used for training. This trauma-focused book contains the critical information necessary to thrive in Tigray's post-war society. The shell book is created in concert with local people using patterned oral paraphrasing to contextualize a concept. In this case, the idea is to follow a family as they deal with what happened to them individually, as a family unit, and as part of a community. The initial cohort of trained nurses, teachers and church leaders will work across the immediate populations to provide hands-on, skills-based trauma education that is scalable and sustainable at the local level.

### EXTERNAL: 4

The signing of a peace deal last November in Pretoria, South Africa, ended two years of conflict and the return of hope for the people of Tigray. However, Ethiopia remains on the brink of renewed ethnic conflict as thousands of displaced people stage protests demanding to be resettled in the country's volatile northern regions. Also, the persistence of instability in Oromia and current fighting between the federal government and Amhara militia underscores the myriad challenges Ethiopia faces.



## LEADERSHIP PROFILES

The Rev. Dr. Gidey Seyoum Halibo serves as executive director of the Anglican Church Social and Development Organization. His background includes:

- serving since January 2023 as executive director to the social wing of the Anglican Church in Ethiopia and the principal of St. Frumentius Theological College of the Anglican Church in Ethiopia
- a bachelor's degree in philosophy and theology from Sacrae Theologiae Licentiatius, from Pontifical University Urbaniana, Rome, Italy
- a bachelor's degree in management from Mekelle University, Ethiopia
- two master's degrees in law and religion and master of canon law from the Katholieke Universiteit of Leuven, Belgium
- a doctorate in canon and civil law from the Katholieke Universiteit of Leuven, Belgium

Dr. Fasika Amdeslasie Gebrekirkos is the founder of HAQI. His background includes:

- an associate professor, surgical gastroenterologist and minimal access surgeon and quality assurance head for research and academics for college of health sciences, Mekelle University, college of health science
- active surgeon during the civil war, treating raped women and girls
- collaborated with Aider Referral Hospital in Mekelle to provide safe housing for raped women and girls while they received food, medicine, and counseling

## REFERENCES

*“Generally speaking, the leaders of HAQI and Anglican Church Social and Development Organization have been instrumental to the war-affected people of Tigray region. ... Both are very popular in the community for their humble and transparent approach. Moreover, the approach they use in integrating the hard and soft aspect – that is to say the food items, non-food items, and the moral and psychosocial aspect that is the trauma healing and the peace issue – is quite typical to the two organization for which they are highly appreciated by the affected people. The leadership and the staff work in a team spirit with respect to the right balance between duties and rights. The Rev. Gidey Seyoum Halibo and Dr. Fasika Amdeslasie Gebrekirkos are transparent because they are highly respected and implement participation of stakeholders such as the government representatives, beneficiaries, and the host community.”*

– Bisrat Berhe Tesfay, director, Social Affairs Bureau of Tigray

## RESEARCHER'S STATEMENT



**Frederick Barasa**  
Sr. Research Analyst  
August 2023



Trauma pain that is not transformed is transferred. Without intervention, those who have experienced hardships and suffering often experience lasting trauma. Traumatic events can fundamentally change people's way of life. Man-made trauma, however, is often more difficult to deal with because the perpetrators may still live in close proximity to their victims. This project helps people experience healing. Without trauma healing, attempts to promote peace in the country will not be achieved.

### IMPLEMENTER'S INSPIRATION

*“I was hungry you fed me, thirsty and you gave me a drink; I was a stranger and you received me in your homes, naked and you clothed me; I was sick and you took care of me, in prison and you visited me.”*

– Matthew 25.35-36 (GNT)

## HOW TO FUND THIS PROJECT

### PROJECT RECAP

ID - ARDF-0823-Ethiopia  
 Timeline - 18 months  
 Requested - \$148,172  
 Modified - 101323

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